

Book on counselling out

T.O. 1

Bangalore: Going to a counsellor is no longer taboo. That was the point medical education secretary M N Vidyashankar was trying to make at the release of Meera Ravi's book 'Counselling — What, Why and How' on Tuesday. This was Ravi's fourth book on counselling. "A counsellor is no superior being — he's one of us," she said. She dedicated the book to her father R G Padki, mfr