

## ONE-MINUTE MANAGER

PROBLEMS NEED SOLUTIONS. AND IF YOU CAN'T FIND ONE, ALL YOU HAVE TO DO IS TELL US. OUR EXPERTS WILL FIND YOU A SOLUTION

**Q** I work to achieve certain goals for my family - like save money for my child's better education, travel abroad later on etc. Even though my husband understands the importance, he is still carefree about it. This leads to friction at times. How do I make my husband responsible?

SUNAYNA,  
accountant

**MEERA RAVI**  
Relationship  
Counsellor

Certain things are unclear to me e.g. how long you have been married, what liabilities you both have, your child's age, etc. However from whatever you have asked, I must say that I appreciate your focus on your goal. You say that your husband understands the importance of saving, how do you know that? Have you spoken to him about it? What makes you think that he is carefree? You have also mentioned you have frictions. Please reflect on some of the following, what triggers off the friction? Is there a common reason for these frictions? What ultimately happens at the end of the friction?

People coming with different upbringing, may have different value systems which eventually may



lead to arguments. It could just be a different outlook. Maybe it is time for both of you to evaluate your values and priorities, identify the differences and work towards resolving them. It would certainly help you to know where your husband is coming from. Acknowledge the value difference and work towards minimising the difference.

My suggestion would be - Have a dialogue with him regarding this. Make sure you choose a time when he is relaxed and in a receptive mood. Be clear and specific in your communication. Stick to a point without wavering. Choose your words carefully and tactfully. Nothing you say should sound accusing. Have a gentle empathetic tone. Use more of 'I' than 'you' while talking. Share your concerns with him and explain them with logical reasoning. Say how you feel about it. Listen to his perspective calmly and show respect even if you do not agree with him. Last but not the least, don't ask for too big a change and don't assume that only the other person has to change.



Do you have a query pertaining to relationship, family, children, career or anything under the sun? Write to us at [bmfeatures@indiatimes.com](mailto:bmfeatures@indiatimes.com).