



A spirited evening on the town

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**Bizarre?**

**Cough mixture from snail slime**

A company in Chile is producing and selling a cough remedy made with snail slime. Maria Sannino, owner of the snail



farm said, "I have more than 8,500 snails working so we can get material for this ancient cough medicine recipe. Snail slime has antibiotic property as well as antibacterial and anti-inflammation ones."

The medicine is called Karacoflu and has been artificially flavoured with strawberry and avocado.

# Salore Times

## I QUIT

Divorce among those married for less than two years is on the rise. What are young adults looking for in a marriage today?



an effort to work things out." Also, the fact that women are a lot more independent today means they aren't compelled to stay in a relationship which they feel is inadequate.

### Why they are breaking up:

Surprisingly, it is boredom that tops the list of reasons for ending a marriage. "Youngsters who feel they have found their Mr or Miss Right prior to marriage are sometimes in for a shock as they are not ready to settle down to the routine, post-marriage. They never expect their life, that had been full of excitement, to become mundane," says marriage counsellor Gowri.

Mental and emotional incompatibility is what forced a couple in their late 20s to separate recently. "It is not easy to live with a person

he just wouldn't. We'd fight about it. I stopped accompanying him, so he found other girls to hang out with."

### Is there an ideal?

"Youngsters need to remember that there is no such thing as an ideal marriage. When there are two people involved, there are bound to be differences. One needs to work around these. It is not easy to stay married, but it is tougher to deal with life after a divorce, especially in our society," says 36-year-old Mithali Raghavan.

### In and out:

"Divorce is becoming as common as marriage itself. People jump into marriage without knowing what to expect, and jump out as soon as they find that things are not working out. It's as easy as taking a pill to get rid of a headache," says businessman Anil Kumar.

### Any solutions?

Meera Ravi says premarital counselling is what could go a long way in bringing down divorce rates. "This concept is common abroad and also here in some communities. But if other communities too enforced counselling, youngsters can understand each other and be sure of what they can expect from a marriage before they actually tie the knot."

(Some names have been changed)

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few years of marriage.

### Don't try to fix it:

"The worst advice you can give a young couple who've suddenly found they are too different from one another, is to tell them to try and work things out. If the couple has even the slightest inclination to make it work, they would not opt for a divorce in the first place," says Rachna Pillai whose brother got a divorce recently. Counsellor Meera Ravi says, "Young couples see opting out of a marriage as a much easier thing to do, than staying and making

## OPT OUT

you can't relate to anymore. It is better to walk out of a situation while you still can," says Anjali, who is looking at starting life afresh. Twenty seven-year-old Jyotsna who has been divorced for two years, says she opted out of her marriage only because, "My husband refused to take up responsibilities. When we were dating, we were out partying every single day. After the wedding I expected him to settle down a bit, but

KAVVYA CHRISTOPHER  
Times News Network

SABRINA H moved to Delhi with her new family after her wedding last year. Now, the 25-year-old has just returned home after a divorce. The reason? Irreconcilable differences. Anjali Sharma, 26, too has been busy closing joint bank accounts and selling off property that she had bought with her husband while she was 'not so happily' married. They are only some of the alarming number of people opting for a divorce - within a