

## ONE-MINUTE MANAGER

Problems need solutions. And if you can't find one, all you have to do is write in to us. Our experts will find you a solution



MEERA RAVI, Relationship counsellor

**Q** I am in a committed relationship. My problem is that I was in a relationship with my present boyfriend's friend for a year. We were so serious about the relationship that we got our parents involved. We broke up because our parents did not approve. I went into depression. At that time my present boyfriend started messaging and supported me. I fell for him and we started dating. As our relationship grew stronger, he started getting possessive. He taunts me about my past and sometimes hurts my feelings. I don't want this relationship to end. I hope you can give me the best solution to this problem.

— Revathi



I acknowledge your distress over the situation. However, I sense that the foundation of your relationship with the present boy friend seems to be more of sympathy than love. I gather from your letter that you are very much dependent on this person which is also not a healthy sign. As for the recent change in behaviour, I suggest you first be clear of what is it that you are actually looking for in your life partner and if this person possesses those qualities. Finally, if there is more hurt than happiness in a relationship, then you should explore deeper before taking a major decision.

**Do you have a query pertaining to relationship, family, pets, career or anything under the sun? Write to us at [bmfeatures@indiatimes.com](mailto:bmfeatures@indiatimes.com)**